

2024 PA Moms Women's Medical *Summit*



Hotel Effie Destin, FL

February 23-24, 2024

www.pamoms.com

REGISTRATION HOURS

Thursday, Feb. 22nd 12:00 pm - 5:00 pm
Friday, Feb. 23rd 7:00 am - 5:00 pm
Saturday, Feb. 24th 7:00 am - 5:00 pm

EXHIBIT HALL HOURS

Friday, Feb. 23rd 7:00 am - 5:00 pm
Saturday, Feb. 24th 7:00 am - 4:00 pm

ON-DEMAND SESSIONS

All pre-recorded sessions will be hosted on the PA Moms YouTube channel. A link to the playlist with all videos will be sent following the live portion of the conference. You must watch these asynchronous recordings no later than March 31, 2024.

CME ACCREDITATION

This activity has been reviewed by the AAPA Review Panel and is compliant with AAPA CME Criteria. This activity is designated for 26 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation. Approval is valid from 2/23/2024 to 3/31/2024. AAPA reference number: CME-2010798.



CLAIMING CME & CME CERTIFICATES

Attendees must complete an evaluation for each CME session (both in-person and pre-recorded) attended to be awarded CME credit.

A preliminary email will be sent to all attendees by March 1, 2024, showing the number of CME credits earned based on completed evaluations of the live sessions. Final CME Certificates will be issued by April 5, 2024, after the pre-recorded period has ended.



DESTIN ENTERTAINMENT & ATTRACTIONS

Beach Activities: Enjoy the beautiful beaches of Destin, known for their white sand and clear waters. You can swim, sunbathe, build sandcastles, or simply relax by the shore.

Water Sports: Destin is a paradise for water sports enthusiasts. You can go snorkeling, scuba diving, parasailing, jet skiing, paddleboarding, kayaking, or take a boat tour to explore the Gulf of Mexico and nearby bays.

Shopping: Explore Destin's shopping destinations such as Destin Commons and Silver Sands Premium Outlets, where you can find a variety of stores offering everything from fashion to souvenirs.

Visit Destin Harbor Boardwalk: Stroll along the Destin Harbor Boardwalk, lined with shops, restaurants, and entertainment venues. You can also book activities like boat tours, fishing charters, and jet ski rentals here.

DISCLOSURE INFORMATION

PA Moms has implemented a process to identify and resolve conflicts of interest that may exist and affect the independence and fair balance of educational activities. All planning committee members, authors, and speakers were required to disclose relevant financial relationships with any commercial interest providing support for this program. Potential conflicts of interest were resolved and documented by one or more of the following methods: 1) Altering the individual's financial relationships, 2) Altering the individual's control over content, or 3) Conducting independent validation of the individual's presentation content. Individuals who refused to or otherwise failed to disclose potential conflicts of interest to the AAPA were disqualified from participation in planning or implementing this CME activity.

The following activity planners, speakers, and moderators have no relevant financial relationships to disclose:

Katherine Gwen Baer, PA-C
Sarah Bazzetta, MMS, PA-C
Janelle Bludorn, MS, PA-C, DFAAPA
LaToya Bolds, PA-C, CAQ-EM
Tiffani Botts, PA-C
Diana Cantero, DMSc, PA-C
Nany Conde, RSSA, PA-C
Mercedes Dodge, MPAS, PA-C, CAQ-Psychiatry
Adrienne Easterling, PA-C
Chinyere Eze, MS, PA-C
Megan Fox, PA-C
Heather Gates, PA-C
Jessica Gavzer, PA-C
Kathleen Howard, MSPAS, PA-C
Megan Hudson, DMSc, PA-C

Kerry Jenkins, PA-C, MPAS, IFMCP, AFMC
Brittany Jones, PA-C
Jacqi Kernaghan, MS, PA-C, DFAAPA
Erin Lunn, MHS, PA-C
Amanda Novak, PA-C
Kent Prickett, CAE
Jennifer Richardson, PA-C
Lisa Roelle, PA-C
Abby Rogers, PA-C, DMSc
Julie A. Romeis, DMSc, PA-C
Brittany Scurto, PA-C
Erin Sherer, EdD, PA-C, RD
Peggy Sims, MSPAS, PA-C;
Amanda Stanton, DMSc, PA-C
Kieran Coughlin Zalar, PA-C

The following disclosures have been noted:

Raquelle Akavan, MS, PA-C
OWNER: PA Moms, LLC
Katarina Astrup, MSPAS, PA-C
EMPLOYEE: PA the FI Way
Rachel Jurgenson, PA-C
EMPLOYEE: Abbott; Rachel Jurgenson LLC
Margaret Leddy, MMSc, PA-C
CONSULTANT: Replimune
Alicia Quillia
EMPLOYEE: NCCPA



Schedule of Events

FRIDAY, FEBRUARY 23, 2024

START TIME	TITLE	SPEAKER
7:00 AM	Registration & Check-In	
7:00 AM	Sunrise Yoga & Meditation Session	
7:00 AM	Coffee & Contential Breakfast with Exhibitors	
8:00 AM	Female urinary and fecal incontinence for the APP: What to do in the Primary Care setting and when to refer	Amanda Stanton, DMSc, PA-C
8:30 AM	Pediatric Arrhythmias: Identification and Management	Lisa Roelle, PA-C
8:00 AM	Neurotoxin Workshop	Heather Gates PA-C & Tiffani Botts, PA-C
9:00 AM	Nourishing the Future: The Importance of Nutrition during Pregnancy and Postpartum	Erin Sherer, EdD, PA-C, RD
10:00 AM	Morning Snack with Exhibitors	
10:30 AM	Surviving Family Practice	Jennifer Richardson, PA-C
11:30 AM	Orthopedics for Primary Care	Kieran Coughlin Zalar, PA-C
12:30 PM	Lunch Break - On Your Own	
1:30 PM	How to Spot Zebras in a Herd of Horses in an Urgent Care Setting	Diana Cantero, DMSc, PA-C
2:30 PM	Fragility Fractures: The Silver Tsunami	Jacqi Kernaghan, MS, PA-C, DFAAPA
3:30 PM	Afternoon Snack with Exhibitors	
4:00 PM	Atopic Dermatitis Update	Heather Gates, PA-C
5:00 PM	Building Your Family: Why Did No One Tell Me it Could be This Hard?	Sarah Bazzetta, MMS, PA-C
6:00 PM	Welcome Reception in Exhibit Hall; Cash Bar and Appetizers	



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Schedule of Events

SATURDAY, FEBRUARY 24, 2024

START TIME	TITLE	SPEAKER
7:00 AM	Registration	
7:00 AM	Sunrise Yoga & Meditation Session	
7:00 AM	Coffee & Contential Breakfast with Exhibitors	
8:00 AM	Vicarious Trauma & Moral Injury in Healthcare Providers: Taking Better Care of Ourselves	Erin Lunn, MHS, PA-C
9:00 AM	Psychiatry for the Non-Psych Provider	Julie A. Romeis, DMSc, PA-C
10:00 AM	Morning Snack with Exhibitors	
10:30 AM	Empowering Wellbeing	Margaret Leddy, MMSc, PA-C
11:30 AM	What Is Functional Medicine?	Kerry Jenkins, PA-C, MPAS, IFMCP, AFMC
12:30 PM	The Skin Clique Lunch Symposium with Dr. Sarah Allen, M.D.	
1:30 PM	Ditching Diet Culture to Improve Patient Outcomes	Megan Hudson, DMSc, PA-C
2:30 PM	Career Transition Panel	Peggy Sims, MSPAS, PA-C; Rachel Jurgenson, PA-C; Abby Rogers, PA-C, DMSc; Megan Fox, PA-C; Janelle Bludorn, PA-C, DFAAPA
3:30 PM	Afternoon Snack with Exhibitors	
4:00 PM	Breaking Barriers in Healthcare: Addressing Racial Disparities and Celebrating African-American Medical Pioneers	LaToya Bolds, PA-C, CAQ-EM Chinyere Eze, MS, PA-C Nany Conde RSSA, PA-C
5:00 PM	Safe Travels!	Katherine Gwen Baer, PA-C
7:30 PM	PA Mom Prom	



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Schedule of Events

ON-DEMAND CME SESSION

TITLE	SPEAKER
Parenting Strategies: Behavioral Interventions We Should All Know Both as a Clinician & Parent	Mercedes Dodge, MPAS, PA-C, CAQ-Psychiatry
Utilizing Motivational Interviewing to Empower Patients	Jessica Gavzer, PA-C
Managing the Obstetric Patient in Trauma surgery	Amanda Miller, DMSc, PA-C
Telemedicine: The History, Benefits, and Challenges	Katarina Astrup, MSPAS, PA-C
Medical Spanish 101	Brittany Scurto, PA-C
How To Get Into Aesthetics	Adrienne Easterling, PA-C
Student Loan Repayment, Scholarships and Working at the VHA	Kathleen Howard, MSPAS, PA-C
Opioid Risk: Discussion of Risk Mitigation Strategies	Amanda Novak, PA-C
Vulvar Dermatoses: What's Up Down There?	Amanda Stanton, DMSc, PA-C
Update from NCCPA: Focus on the PANRE/PANRE-LA	Alicia Quella, PhD, PA-C



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CONFERENCE ATTENDEES

Raquelle Akavan, MS, PA-C
 Holly Alderman, PA-C
 Mollyann Allen, PA-C
 Alyssa Allwardt, PA-C
 Emily Anderson, PA-C
 Molly Babl, PA-C
 Katherine "Gwen" Baer, PA-C
 Kelly Bane, PA-C, MPH
 Ceara Barmeier, PA-C
 Sarah Bazzetta, MMS, PA-C
 Claudia Beattie, PA-C
 Megan Bell, PA-C
 Megan Bender, PA-C
 Laura Bielecki, PA-C
 Mary Kay Bishop, PA-C
 Janelle Bludorn, PA-C, DFAAPA
 La Toya Bolds-Johnson, PA-C, CAQ-EM
 Tiffany Botts Massey, PA-C
 Ashley Brion, PA-C
 Melissa Brown, PA-C, CCDS, CEPS, FHRS
 Jennifer Cafi, MSPA PA-C
 Diana Cantero, DMSc, PA-C
 Catherine Carlson, PA-C
 Christina Clark, MCMSc, PA-C
 Nany Conde, PA-C
 Kara Cossis, MPH, PA-C
 Kieran Coughlin Zalar, PA-C
 Courtney Couture, PA-C
 Maribeth Cowsert, MPAS, PA-C
 Venee Cunningham, PA-C, DMSc
 Katelyn Dantzler, PA-C
 Heather Davis-Lopez, MPAS, PA-C
 Anna Deaton, PA-C
 Veronica DeJacimo, PA-C
 Veronica DeVito, DMSc, MPAS
 Diana DeWolfe, MSPAS, PA-C
 Emily DiLoreto, PA-C VA-BC
 Emma Dolphin, PA-C
 Allison Dye, PA-C
 Sherri Ekobena, PA-C
 Taylor Ettore, PA-C
 Chinyere Eze, MPAS, PA-C
 Melissa Fanton, MPAS, PA-C
 Cynthia Ferrari, MS, PA-C
 Kristin Fitzsimmons, PA-C
 Megan Fox, DMSc, PA-C
 Bridget Frazer, PA-C
 Ashley Furgason, PA-C, DMSc
 Katie Gallagher, PA-C
 Rebecca Gardner, PA-C
 Heather Gates, PA-C
 Jessica Gavzer, MMS, PA-C
 Kiranpal Gill, PA-C
 Sara Gomez, MS, PA-C
 Michelle Gough, MPAS, PA-C, MBA, DFAAPA
 Audrey Gries, MMS, PA-C

Cara Griffith, MPAS, PA-C
 Regina Gurley, PA-C, CAQ-Psychiatry
 Jessica Hamilton, PA-C
 Tonia Hanson, PA-C
 Kimberly Henry, MPA, MSED, PA-C, ATC
 Jennifer Henson, PA-C
 Gina Herlihy, PA-C
 Angela Hill, MPAS, PA-C
 Kathy Howard, MSPAS, PA-C
 Tricia Howard, PA-C, MHS
 Megan Hudson, DMSc, PA-C
 Megan Hudson, PA-C
 Grace Isaacs, PA-C
 Jennifer Jannotti, PA-C
 Kerry Jenkins, MPAS, PAC, IFMCP, AFMC
 Leah Johnson, MPAS, PA-C
 Megan Johnson, PA-C
 Selah Johnston, PA-C
 Rachel Jurgenson, MS, PA-C
 Shelby Kasen, MPAS, PA-C
 Mindy Keane, PA-C
 Erin Kennedy, MPAS, PA-C
 Jacqi Kernaghan, MS, PA-C, DFAAPA
 Audra Kerns, PA-C
 Trudy Kiah, PA-C
 Jackie Kienholz, PA-C
 Jen Kirkley, MPAS, PA-C
 Laraine Kiser, MSPAS, PA-C
 Amber Klindworth, PA-C
 Bridget Kosak, PA-C
 Shanna Larochele, PA-C
 Abby Skripko, PA-C
 Margaret Leddy, MMSc, PA-C
 Elizabeth Lee, PA-C
 Tracy Lee-McGee, MPAS, PA-C
 Katrina Lelli, PA-C
 Trish Lien, PA-C
 Tajuana Lordeus, DMSc, PA-C
 Mandy Middlebrook-Lovett, PA-C
 Meredith Lukens, DMSc, PA-C
 Erin Lunn, PA-C
 Jessica Maher, MPAS, PA-C
 Courtney Marcotte, PA-C
 Gena Marshall, MPAS, PA-C
 Amanda Martin, MPAS, PA-C
 Hannah Mathews, MHS, PA-C
 Amy Merriman, MHS, PA-C
 Jennifer Middlebrooks, MPAS, PA-C
 Kameron Miller, MPAS, PA-C
 Jillian Nedved, PA-C
 Melinda Nelson, PA-C
 Amanda Novak, MPAS, PA-C
 Kalee Olson, PA-C
 Jordan Orr, PA-C
 Stephanie Painter, PA-C

Kathleen Patterson, PA-C
 Melissa Perez, PA-C
 Tracy Perkins, PA-C
 Lauren Phillips, PA-C
 Sarah Plueger, MPAS, PA-C
 Ashley Poeppelman, MPAS, PA-C
 Magdalena Rakvin, MSPAS, PA-C
 Amy Ramirez, MPAS, PA-C
 Jennifer Ramsey, PA-C
 Jill Reese, PA-C
 Kayla Renner, PA-C
 Latoya Richards, PA-C
 Jennifer Richardson, PA-C
 Katelin Ridder, PA-C
 Leevette Rivera, PA-C
 Caitlin Rochelle, MPAS, PA-C
 Lisa Roelle, MMS, PA-C
 Abby Rogers, PA-C, DMSc
 Julie A. Romeis, DMSc, PA-C
 Michelle Rushby, FNP
 Jillian Megaro, MPAS, PA-C
 Maria Santee, MSPAS, PA-C, MPH
 Amy Schaeffer, PA-C
 Nicole Schtupak, DSMC-S, MCMSc, PA-C, RDMS
 Victoria Seeley, PA-C
 Kelli Shanahan, MPAS, PA-C
 Diana Shapoval, PA-C
 Nicole Shelton, MSHS, PA-C
 Erin Sherer, EdD, PA-C, RD
 Megan Shroyer, PA-C
 Jessi Siler, PA-C
 Peggy Sims, MSPAS, PA-C
 Lauren Siy-Keane, PA-C
 Anna Skibba, PA-C
 Lauren Spain, PA-C
 Amanda Stanton, DMSc, PA-C
 Ami Steele, DMSc, PA-C
 Jenna Stump, PA-C
 Katherine Tetrault, PA-C
 Janitza Thabet, BSN, MPAS, PA-C
 Rachel Thames, PA-C
 Whitney Tomlin, PA-C
 Jennifer Ursoy, MPAS, PA-C
 Cari Waddell, PA-C
 Kyana Wallace, DMSC, MPAS, PA-C
 Heather Warren, PA-C
 Samantha Werman, PA-C
 Lauren Whitsitt, MPAS, PA-C
 Sarah Wilbrandt, PA-C
 Haley Willem, DMSc, PA-C
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